

Centennial Sportsplex Adult Hockey League Rules

Teams

- All players must have a registration form on file with the Sportsplex to be placed on a team's roster.
- Players are required to have jerseys with numbers and of matching color. Tape numbers are not allowed.
- Players can only be on one team's roster per league.
- Adding players – Players may be added to a team's roster by turning in a registration form at least 24 hours in advance on the player getting on the ice.
- Player skill level should be equal to that of the league they are playing in.
- **The Sportsplex reserves the right to review rosters and move players, due to skill level, to the appropriate league in an effort to ensure parity.**

Games

- Only players on the team's roster are allowed on the ice. Any team found with an illegal player will forfeit that game.
- All player jersey numbers must be correct on the referee's scoresheet. Incorrect or incomplete player numbers will result in a penalty shot for the opposing team.
- Must have a goalie in goalie gear to start the game. There will be a 10 minute grace period from the scheduled start time. Not having a goalie will result in a forfeit.
- Periods will be 26:00 run clock or 16:00 stop clock.
- Games ending in a tie will go to a shootout.

Equipment

- Helmet, gloves, and shin guards are required. Face shield and hockey pants are recommended.

Playing Rules

The Sportsplex uses the rules as established by USA Hockey for Non-checking adult hockey. The leagues are not, however, USA Hockey sanctioned. The following "House Rules" are in effect, and take precedence over USA Hockey rules:

- Fighting penalties receive an automatic 3 game suspension (1st offense) or permanent suspension (2nd offense).
- **Leaving your feet intentionally and causing an opposing player to fall, regardless of getting the puck first will result in an automatic tripping call**
- 6 minutes or more in penalties will result in the player being ejected from that game. 10-minute misconduct does not apply to this.
- "B" and "C" League – Slapshots must stay below the crossbar. Slapshots above the crossbar will be whistled dead and faced off outside the zone.
- Infractions resulting in a suspension will be determined by the League Director.
- Suspensions can be appealed by contacting the Rink Director.

Misc. Info

- Adult Hockey Director – Matt Oberbreckling, matt.oberbreckling@nashville.gov (615) 862-8489 x 238
- Rink Director- Frank Wright, frank.wright@nashville.gov (615) 862-8489 x 243
- League Website – www.sportability.com league name = centennial sportsplex